

Master Your Derailers

You have many strengths as a leader — yet sometimes you react poorly. You take charge when you should empower, get abrasive when you should listen, shut down when you could contribute. You know these tendencies get in your way, but they seem like hard-wired personality traits. Although these behaviors cannot be wished or willed away, they are learned—and can be unlearned.



Sharpen your sense of what sets you off and short-circuits your strengths. Personal Mastery teaches you to identify and work through the root causes of counter-productive behaviors, empowering you to change in ways you didn't think were possible.

Bring Your A-Game When You Need It Most



How you respond when life challenges you is the true test of leadership. Unfortunately, most of our weaknesses are reactions to stress—so they come out when we can least afford them. Imagine developing a powerful new mindset that allows you to deploy your full talents to your greatest endeavors.

Instead of being the one who inadvertently fuels the fire or disengages when others get off track, learn to rise above the fray to re-focus conversations and energize people.

Lead From Your Passion And Inspiration

Bring a unique product to market, stretch yourself into new skills, mentor your team, leave a legacy... Conscious or unconscious, you have inspiring passions that too often get sidelined by the stresses of life and your ego's ulterior motives.



When you master your unconscious ego drivers, you redirect your energy to your aspirations. Be guided, on a daily basis, by what you care most about.



"No other program helped me uncover the root causes of my unhelpful behaviors, and provided real tools for change."

Brandon Black
CEO
ENCORE CAPITAL GROUP

"Personal Mastery was amazing and has positively impacted my life both personally and professionally."

Felipe Walker
Director of Customer Operations
LEXIS-NEXIS

"I let go of proving I'm the smartest guy in the room, greatly enhancing my ability to unleash my team's full potential."

Steve Macadam
CEO
ENPRO INDUSTRIES

LaL's technique for systemic change is unique in it's potential for transformative learning.

Debra Meyerson, PhD
Associate Professor
School of Education and Business
STANFORD UNIVERSITY

Personal Mastery is the most thorough and complete work I've done in this field.

David Peter Stroh
(Charter Member, SOL)
Co-Founder
INNOVATION ASSOCIATES



A CUSTOMIZED PROCESS: An LaL coach works with you to understand your context, behavioral and communication challenges, and overall growth opportunities (preferably informed by an LaL 360° Feedback Assessment). Your coach then supports you in the seminar to tailor our comprehensive self-reflection methodology to your needs. You will generate in-depth, personal self-awareness of what makes you tick, why you react — and how to show up differently. You surface these realizations with a diverse group of leaders forging their own insights, which gives you a non-threatening environment to grapple with your developmental needs.

SELF-ASSESSMENT CALLS

2 Coaching calls before the seminar

An experienced LaL coach guides you through a self-assessment, helping you define developmental priorities. Sharing about your needs, personality, context, and history helps create trust for a powerful collaboration.

PERSONAL MASTERY

9-day seminar

Become aware of your triggers and unproductive habits, and trace them back to their root cause. Acquire the tools to overcome your derailers, and practice leading from your highest self. This seminar is a profound journey to self-mastery.

COACHING CALLS

3 Coaching calls after the seminar

Translating your insights into day-to-day changes back home is where the rubber meets the road. Your trusted coach will nurture and challenge you as you work on your Areas For Improvement (AFIs).



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