

A. Stimuli	-1. EgoThreat	-2b. Reframe	-3. Arrow-Out Purpose	-4. Potential Actions
<p><i>Describe the facts. Underline the specific word/gesture.</i></p>	<p><i>What is my Ego worried about? (Check ID Card)</i></p>	<p><i>What am I missing? What other perspective? Other one's needs?</i></p>	<p><i>What difference I want to make? What learning goals?</i></p>	<p><i>Brainstorm: what options or actions do I now have access to?</i></p>
	<p><i>-2a. Compare Ego to fact</i></p>	<p><i>-2c Learning Opportunity</i></p>		

(Optional) MIND-CHATTER & EMPATHY VENT:

"5%"

So What?

A. Stimuli	-1. EgoThreat	-2b. Reframe	-3. Arrow-Out Purpose	-4. Potential Actions
<i>Describe the facts. Underline the specific word/gesture.</i>	<i>What is my Ego worried about? (Check ID Card)</i>	<i>What am I missing? What other perspective? Other one's needs?</i>	<i>What difference I want to make? What learning goals?</i>	<i>Brainstorm: what options or actions do I now have access to?</i>
	<div data-bbox="457 743 835 792" style="background-color: #e0e0e0; padding: 5px; text-align: center;">-2a. Compare Ego to fact</div>	<div data-bbox="861 743 1239 792" style="background-color: #e0e0e0; padding: 5px; text-align: center;">-2c Learning Opportunity</div>		

(Optional) MIND-CHATTER & EMPATHY VENT: