

Pinch Sorting

A. Activating STIMULUS 1	B. Beliefs & THOUGHTS 2	C1. Consequent EMOTIONS 3	C2. Consequent ACTIONS 4	D. Damage & RIPPLE EFFECTS 5
Δ . Delta between A & -1 7	-1. Ego Threats / Drivers 6	-2. Reframe 8	-3. Purpose / ATS Goal 9	-4. Potential Actions 10



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← "5%?"

So What?