

Never Again

	B	A
1	<p>At the Mercy (ATM)</p> <p>How do I contribute to these pains and costs?</p> <p>What behaviors do I fall into that perpetuate my unwanted costs or allow them to occur?</p>	<p>At the Mercy (ATM)</p> <p>In each domain, in looking at where and how I feel ATM, what pains or struggles am I fed up with?</p>
2		
3		
4		

	A	B
	<p>C</p> <p>Never Again</p>	
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		8